



## NWHS Referral Sheet

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Client Address: \_\_\_\_\_

Client Phone: \_\_\_\_\_ Medicaid Number: \_\_\_\_\_

Gender: \_\_\_\_\_ Language: \_\_\_\_\_

Cultural/ Ethnic Considerations: \_\_\_\_\_

Primary Diagnosis Code: \_\_\_\_\_

Primary Contact: \_\_\_\_\_

- Phone: \_\_\_\_\_
- Email: \_\_\_\_\_
- Relation to client: \_\_\_\_\_

MH Provider Agency: \_\_\_\_\_

- Primary Clinician: \_\_\_\_\_
- Phone Number: \_\_\_\_\_
- Fax Number: \_\_\_\_\_
- Email: \_\_\_\_\_

Please fax this form to (503)281-4612. Please also include:

- ☐ Current Mental Health Assessment
- ☐ Signed Treatment Plan
- ☐ 30 Days of most recent Progress Notes
- ☐ Release of Information for Northwest Habilitation Services



## NWHS Referral Sheet

### Independent Living Needs Checklist

Document must be completed and signed by a QMHA or higher:

Name: \_\_\_\_\_ Position: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Hygiene Reminders:	
Housekeeping Assist/Skills Training:	
Laundry Assist/Training:	
Meal prep Assist:	
Menu Planning/ Grocery Shopping:	
Money Management:	
Calendaring/Planning:	
Health/Safety Skills:	



## NWHS Referral Sheet

Social Inclusion:	
Communication Skills/ Training:	
Public Transit Support:	

### Other:

Please describe any other areas to address that will assist the individual in living independently in the community: \_\_\_\_\_

---

---

---

Mental Health Diagnoses: \_\_\_\_\_

---

---

Symptoms: \_\_\_\_\_

---

---

---

---



## NWHS Referral Sheet

Effective Ways to Assist: \_\_\_\_\_

---

---

---

Physical Health Diagnoses: \_\_\_\_\_

---

---

Behavior Triggers: \_\_\_\_\_

---

---

---

Best solutions for triggered behaviors: \_\_\_\_\_

---

---

---

Warnings for Dangerous Behavior: \_\_\_\_\_

---

---

---



## NWHS Referral Sheet

What to do if you see behaviors that appear concerning, but are not life threatening/dangerous: \_\_\_\_\_

---

---

---

Reported Substance

Use: \_\_\_\_\_

---

---

---

Current Safety Plan for crisis situations and/or suicidal ideation: \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

3880 SE 8<sup>th</sup> Ave, Ste. 110

Portland, OR 97202

Phone: (503) 777-8290

Fax: (503) 281-4612

**Authorization to Release Information**

Client Name: \_\_\_\_\_ Client DOB: \_\_\_\_\_

Client SSN: \_\_\_\_\_

I hereby authorize \_\_\_\_\_ to:

- Obtain written and verbal information from Northwest Habilitation Services, and
- Release written and verbal information to Northwest Habilitation Services.

Documents/Information regarding services received from

(dates) : \_\_\_\_\_ to \_\_\_\_\_

I understand that my authorization will remain effective from the date of my signature until \_\_\_\_\_ and that the information will be handled confidentially in compliance with all applicable federal laws.

I understand that I may see the information that is to be sent and that I may revoke the authorization at any time by written, dated communication.

I have read and understand the nature of this release.

\_\_\_\_\_  
Signature of Client/Client's Designated Representative      Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

## Our Services to You

1. We (Northwest Habilitation Services and our staff) have been asked to help you build skills to support your independence. We are doing this under the 1915(i) Medicaid waiver program, which the State pays for. You will not be billed for our services.
2. What we do to help you is in a plan. You, along with your representative and case management team, decide what should be in this plan. Then we follow the plan to help you build skills to be live more independently. We follow the plan to provide services to you. It is not our responsibility to decide what services are in the plan.
3. We work to make sure we serve you properly under the plan. This is what we call a standard of care. And our standard of care is called “comparable to that of a reasonably prudent person under substantially similar circumstances.” That means, for example, that our people will use the kind of judgment and skills that make sense to provide care under the plan in your situation.
4. We will ask you and your representative to work with us to develop a crisis plan. Then if you have a medical or mental health emergency while we are with you, we will follow your crisis plan. However, we are not responsible for the cost or actions of emergency services providers.
5. We will not allow our staff to transport you in their personal vehicles. If you have a vehicle (like a car, truck, or van), you can ask our staff to drive it. But you will have to show us proof of active vehicle insurance coverage. And then we make a copy of the proof of insurance for your file. Otherwise, we will always ask that you use other transportation options. This might be a friend or family member, or publicly available transportation like bus, MAX, Lyft, Uber, or cab.
6. We must tell you that, like everyone else who provides these kinds of service, we have what is called a Limitation of Liability. This is a legal concept that means when you accept our services, you understand and agree that the Company’s liability for any claim, damage, suit, action, penalty, cost, expense, or other liability, regardless of the theory under which the Company may be liable, shall not exceed the limits of Company’s insurance coverage, whether per occurrence or aggregate, and as limited by the terms of Company’s policies of insurance. In no event will the Company be liable for consequential damages, even if you or any other person notifies the Company of the potential for such damages.

Client or Authorized Representative

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name of Client or Representative

Date: \_\_\_\_\_